



## EMR-ED

### How Toxic Frequencies Can Ruin Your Sex Life

Dr. Ross Andersen DC, ND ©2022

Electromagnetic Radiation Specialist-Live Blood Analyst/Instructor  
Muscle Response Testing Practitioner/instructor-Wellness Wizard

I had never had a problem getting an erection in my 70 years of life. At times in my younger years, I wished I could have had fewer of them. Then a few weeks ago when I was staying over at a friend's house, I wanted to express my love for my partner. I had already evaluated the home for radiofrequency radiation and the levels were extreme. Even though highly aroused, I did not rise to the occasion. What??? I also could not get to sleep and nor could she. This I know as a side effect of higher-level radiofrequency radiation from household wireless devices. I had experienced this before in hotels and other locations. My own residence has low levels and I normally sleep deep and sound.

The most obvious example was an airport hotel in Zürich, Switzerland. After attempting sleep for over three hours, I finally went to the lobby and asked the attendant behind the desk where the Wi-Fi router was in the hotel. His answer was that "there is one on every floor". I asked where they were, and his reply was "it is in the room beside the elevator". That room happened to be between my room and the elevator. The Wi-Fi router was on the other side of the wall from the head of my bed. Too close perhaps?! Decidedly so.

My travelling partner was not as sensitive as I am to radiofrequency radiation. She got to sleep, however; her energy was scattered the next day and she was in a seriously challenging mood. I have seen this in others as a result of disrupted sleep from strong EMR pollution. Realizing that I might not get to sleep at all, I decided to wrap my head in the silver-fibre shielding fabric that I had for exactly this situation. While spending two weeks in Europe, one does not know what the accommodations will be like each night. EMR pollution is now endemic and exists everywhere. Every situation is different and some are worse than others, just varying degrees of invisible toxicity.

I wrapped my head in the material and left a little hole for my nose so that I could breathe. I was asleep in three minutes. I slept the rest of the night peacefully and into the morning. How profound was that, and how simple? An idea whose time has come.

Strangely enough, I had never tested my sexual functioning in a high EMR environment, until this most recent incident. Not the kind of test I wanted to fail. Embarrassing to say the very least. Some things are actually good to fail at, like suicide! Nonetheless, I was intrigued, mystified and curious. I did wrap my head again and I got to sleep quite nicely once my cranium [brain] was protected.

Upon awakening in the morning, there were burning questions in my mind that needed to be answered. I would have to wait until I was home and could research the issue for the answers. What I learned was profound. Much of the research has been done on animals, but there are some human studies available as well. Let's first look at one of the animal studies. Some mammals have sex lives similar to humans.

This one is titled **Effects of exposure to mobile phones on sexual behavior in adult male rabbits: an observational study**. 18 male rabbits were divided into two groups. The first group was exposed to mobile phone radiation for eight hours per day for 12 weeks. The second group was not exposed. There were no differences in hormonal output found between the two groups. The phones were kept on standby and consequently the radiation occurs as app information is updated on a regular basis during the day. In the experiment, the mobile phones were attached to the underside of the cage floor. This brought them into close proximity with the reproductive organs of the rabbits. This is the same effect that carrying a phone will have on men who carry it in their front pants pocket, as so many do. The proximity of the phone to the testicles is less than 2 inches in that case. The results in the exposed group of males were clear.

They ejaculated less frequently, were more aggressive toward the females and they had significantly less sexual stamina. The main issue overall, was challenges with ejaculation. Ejaculation frequency dropped and they had visibly less sexual energy than the control group. The author's conclusions were *"We could show for the first time that exposure to the pulsed radiofrequency emitted by a conventional MP [mobile phone], which was kept on a standby position, could affect the sexual behavior in the rabbit. Results from this preliminary study should be corroborated in larger studies to have a detailed clue about the effect of mobile phones on male sexual behavior."*

**My Conclusions:** *Mobile phones decrease male sexual stamina and make it more difficult to reach orgasm and ejaculate. They also appear to increase male aggressiveness to some degree.* The question now becomes, *can we extrapolate these findings to the human population?* That extrapolation is done on a regular basis in research. That is why we use rabbits, rats, mice, dogs, monkeys and pigs for research. We are all biological beings with DNA as our master program. We are all affected similarly as biological organisms. Sometimes I feel like a lab rat in our current technological world, or perhaps like the frog the pot.

Now let's look at a study that compared men and women. It is titled **Study of the Health of People Living in the Vicinity of Mobile Phone Base Stations: Influence of Distance and Sex**. This study examined a multitude of symptoms experienced by men

and women living close to a cell phone tower/base station. Most of the symptoms were significantly more frequent and severe in women. One of the few symptoms evaluated in this study that was more prevalent in the male population, was decreased sex drive/libido. 18% of males and 12% of females reported lowered sex drive. Virtually all the other symptoms evaluated, except for movement difficulties, were significantly more frequent and more severe in the female population.

**Conclusions:** a significant percentage of the population [approaching 20%] report decreased sex drive due to cell phone proximity and radiation. This now begs the question of **5G microcell proximity**. As these towers are installed every few hundred feet, the exposure levels to the general population will increase dramatically. If you want to keep your sex life healthy, make sure you are protected from this form of electromagnetic radiation. Definitely consider moving to a rural location proactively. The central downtown areas of all major cities are now 5G active to a great degree. Strangely enough, Third World countries are lagging behind due to finances.

The third study we are going to look at concerns **cell phone usage and erectile function**. The study was done in 2013 and involved 20 men complaining of erectile dysfunction (ED). 10 men with no complaints of ED were involved as controls. All men completed *Sexual Health Inventory for Men* [SHIM], evaluating their erectile function. Cell phone usage habits were also carefully evaluated.

The **conclusions** were as follows: *“We found a potential correlation with cell phone usage and a negative impact on erectile function. Further large-scale studies confirming our initial data and exploring the mechanisms involved in this phenomenon are recommended.”* The primary difference between the two groups was the amount of time that the men carried their phone on their body in standby mode. The longer they carried the phone, the more challenges they had with erectile function. Simple conclusions, yes.

There are numerous other studies on this topic, but these will suffice to support the likelihood that smart phone usage and other forms of electromagnetic radiation can adversely affect sexual functioning in men and women. Perhaps some changes in your smart phone usage are in order. An evaluation of all parameters of electromagnetic radiation would be a proactive step in maintaining a healthy sex life.

1. **Effects of exposure to a mobile phone on sexual behavior in adult male rabbit: an observational study.** Published: 26 November 2009, N Salama, T Kishimoto, H-o Kanayama & S Kagawa, International Journal of Impotence Research volume 22, pages127–133(2010)
2. **Investigation on the health of people living near mobile telephone relay stations: I/Incidence according to distance and sex.** Pathol Biol (Paris) 2002 Jul;50(6):369-73. R Santini 1, P Santini, J M Danze, P Le Ruz, M Seigne

3. **Cell phone usage and erectile function** Central European Journal of Urology. 2013;66(1):75-7 Badereddin Mohamad Al-Ali 1, Johanna Patzak 1, Katja Fischereder 2, Karl Pummer 1, Rany Shamloul 2