

UCSD Genetics of Oxidative-Stress Detoxification, and Environmental Sensitivity Study  
**Electrosensitivity-- Questionnaire**

(If you prefer to complete the survey electronically, go to:  
[https://golombgroup.az1.qualtrics.com/SE/?SID=SV\\_bBkSI2GWMqT5w7b](https://golombgroup.az1.qualtrics.com/SE/?SID=SV_bBkSI2GWMqT5w7b) )

**PERSONAL INFORMATION:**

**Name:** This information will be kept in a separate database to protect confidentiality

Last \_\_\_\_\_ First \_\_\_\_\_ Middle \_\_\_\_\_

**Birth date:**   /   /      
Month Day Year

**Today's date:**   /   /      
Month Day Year

**Contact Information:**

Phone Number: \_\_\_\_\_ Email Address: \_\_\_\_\_

Country: \_\_\_\_\_

State/Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_

City: \_\_\_\_\_

Street Address: \_\_\_\_\_  
\_\_\_\_\_

**Residential Information:** The following questions may provide information relevant to our EMF studies, such as distance to electromagnetic field sources.

Residence Type:

- 1  House  
2  Apartment  
3  Other \_\_\_\_\_

Is there citywide Wi-Fi where your home/residence is located? 0  No 1  Yes

Is/ are there smart meter(s) on your residence? These emit periodic radio/microwave signals to track energy use. 0  No 1  Yes 2  Don't know

If yes, number of smart meter(s) (approximate): \_\_\_\_\_

Distance from bed to smart meter(s) (approximate): \_\_\_\_\_

Distance to smart meter(s) from location in home where you spend the most time during the day (approximate): \_\_\_\_\_

**Occupational Information:**

Education level:

- 0  K-8 only      3  Technical School      6  Master's degree      9  Decline to state  
1  Some high school      4  Some college or Associate's Degree      7  Other postgraduate degree      10  Other \_\_\_\_\_  
2  High school or GED      5  College graduate      8  Doctoral degree

Occupation: \_\_\_\_\_ Is there Wi-Fi in the work place? 0  No 1  Yes

Do you work with computers or have other exposure to EMF (electromagnetic fields) in the workplace? If yes, specify:  
\_\_\_\_\_  
\_\_\_\_\_

Is/ are there smart meter(s) on your work building? 0  No 1  Yes 2  Don't know

If yes, number of smart meter(s) (approximate): \_\_\_\_\_

Distance from work area to smart meter(s) (approximate): \_\_\_\_\_

**Where did you learn about this study?**

- 1  Flyer
- 2  Word of mouth
- 3  Internet (specify): \_\_\_\_\_

- 4  Media (specify): \_\_\_\_\_
- 5  Other (specify): \_\_\_\_\_

**RISK FACTORS:**

Age: \_\_\_\_\_

Gender: Female  Male  Other (please explain)  \_\_\_\_\_

**Ethnicity:** Which of the following categories describe your ethnic background? Check "yes" for all categories that apply. (We ask this because there are certain groups that may be at a higher genetic risk.)

Do you consider yourself Hispanic or Latino?

0  No 1  Yes

If **YES** for Hispanic, Latino, or of Spanish Origin

- 0  No 1  Yes Central American
- 0  No 1  Yes Chicano/Mexican American
- 0  No 1  Yes Cuban/Cuban American
- 0  No 1  Yes Puerto Rican
- 0  No 1  Yes South American
- 0  No 1  Yes Other Hispanic/Latino or of Spanish Origin

Do you consider yourself African American or Black?

0  No 1  Yes

If **YES** for African American or Black

- 0  No 1  Yes U.S./ African American
- 0  No 1  Yes African (from African continent)
- 0  No 1  Yes Caribbean
- 0  No 1  Yes Central or South American
- 0  No 1  Yes Other African Ancestry

Do you consider yourself American Indian or Alaska Native?

0  No 1  Yes

Do you consider yourself Asian /Asian American?

0  No 1  Yes

If **YES** for, Asian American/Asian

- 0  No 1  Yes Chinese/Chinese American (including Taiwanese)
- 0  No 1  Yes Filipino/Filipino American
- 0  No 1  Yes Japanese/Japanese American
- 0  No 1  Yes Korean/Korean American
- 0  No 1  Yes South Asian (India, Pakistan, Sri Lanka, Bangladesh, ...)
- 0  No 1  Yes Vietnamese/Vietnamese American
- 0  No 1  Yes Other South East Asian (Cambodia, Laos, Thailand, ...)
- 0  No 1  Yes Other Asian/Asian American

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                              |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------|
| Do you consider yourself Native Hawaiian or Other Pacific Islander?                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 0 <input type="checkbox"/> No 1 <input type="checkbox"/> Yes |
| <p>If <b>YES</b> for, Native Hawaiian or Other Pacific Islander</p> <p>0 <input type="checkbox"/> No 1 <input type="checkbox"/> Yes Guamanian/Chamorro</p> <p>0 <input type="checkbox"/> No 1 <input type="checkbox"/> Yes Native Hawaiian</p> <p>0 <input type="checkbox"/> No 1 <input type="checkbox"/> Yes American Samoa Native</p> <p>0 <input type="checkbox"/> No 1 <input type="checkbox"/> Yes Other Pacific Islander</p>                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                              |
| Do you consider yourself White/ Caucasian?                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 0 <input type="checkbox"/> No 1 <input type="checkbox"/> Yes |
| <p>If <b>YES</b> for, White/Caucasian</p> <p>0 <input type="checkbox"/> No 1 <input type="checkbox"/> Yes European/European Descent<br/>Specify countries if known: _____</p> <p>0 <input type="checkbox"/> No 1 <input type="checkbox"/> Yes Scandinavian (Denmark, Sweden, Norway, Finland, Iceland)<br/>0 <input type="checkbox"/> Mother's side 1 <input type="checkbox"/> Father's side</p> <p>0 <input type="checkbox"/> No 1 <input type="checkbox"/> Yes Scandinavian Influence Nations (Scotland, Netherlands, Germany, Ireland, England)<br/>0 <input type="checkbox"/> Mother's side 1 <input type="checkbox"/> Father's side</p> <p>0 <input type="checkbox"/> No 1 <input type="checkbox"/> Yes Middle Eastern or North African</p> <p>0 <input type="checkbox"/> No 1 <input type="checkbox"/> Yes Other White/Caucasian (specify) _____</p> |                                                              |
| Other Ethnicity?                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | 0 <input type="checkbox"/> No 1 <input type="checkbox"/> Yes |
| If <b>YES</b> , please specify other ethnicity: _____                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                              |
| Do you <b>Decline to State</b> ?                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | 0 <input type="checkbox"/> No 1 <input type="checkbox"/> Yes |

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>HEALTH HISTORY:</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>Metabolic Conditions:</b> Have you ever had any of the following metabolic conditions?                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <p>0 <input type="checkbox"/> No 1 <input type="checkbox"/> Yes Hypertension</p> <p>0 <input type="checkbox"/> No 1 <input type="checkbox"/> Yes Diabetes</p> <p>0 <input type="checkbox"/> No 1 <input type="checkbox"/> Yes High triglycerides</p> <p>0 <input type="checkbox"/> No 1 <input type="checkbox"/> Yes Obesity or BMI &gt; 30</p>                                                                                                                                                                                                                                                                                                       |
| <b>Overlap Conditions:</b> Have you had any of the following conditions prior to your EMF sensitivity?                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <p>0 <input type="checkbox"/> No 1 <input type="checkbox"/> Yes Chronic fatigue syndrome<br/>Comment (optional): _____</p> <p>0 <input type="checkbox"/> No 1 <input type="checkbox"/> Yes Irritable bowel syndrome<br/>Comment (optional): _____</p> <p>0 <input type="checkbox"/> No 1 <input type="checkbox"/> Yes Fibromyalgia<br/>Comment (optional): _____</p> <p>0 <input type="checkbox"/> No 1 <input type="checkbox"/> Yes Multiple chemical sensitivity, or sensitivity to a number of chemicals<br/>Comment: _____</p> <p>0 <input type="checkbox"/> No 1 <input type="checkbox"/> Yes Mold sensitivity<br/>Comment (optional): _____</p> |
| <b>Exposures:</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <p>0 <input type="checkbox"/> No 1 <input type="checkbox"/> Yes Have you ever been electrocuted?<br/>Comment (optional): _____</p> <p>0 <input type="checkbox"/> No 1 <input type="checkbox"/> Yes Have you ever had mold poisoning?<br/>Comment (optional): _____</p>                                                                                                                                                                                                                                                                                                                                                                                |

No  Yes Have you ever had one or more metal fillings?  
 Comment (optional): \_\_\_\_\_  
 Have you ever had metal fillings removed? If yes, why and what were the effects?  
 No  
 Yes (describe): \_\_\_\_\_  
 No  Yes Have you ever had any other toxicity?  
 Comment: \_\_\_\_\_

No  Yes Do you have any autoimmune conditions (E.g. lupus, Graves, multiple sclerosis, type 1 diabetes)? If yes, describe.  
 \_\_\_\_\_  
 \_\_\_\_\_

**Medications:** Prior to your EMF sensitivity, had you taken any of the following medications?

No  Yes Cholesterol medications- e.g. Lipitor, Zocor, Crestor, Pravachol, Mevacol, Lescol, (i.e. atorvastatin, simvastatin, rosuvastatin, pravastatin, lovastatin, pitavastatin, fluvastatin, gemfibrozil, fenofibrate ...)  
 Did you have an adverse effect?  No  Yes (describe): \_\_\_\_\_  
 No  Yes Fluoroquinolone antibiotics- e.g. , ciprofloxacin (Cipro), levofloxacin (Levaquin), moxifloxacin, other "floxacin" drugs  
 Did you have an adverse effect?  No  Yes (describe): \_\_\_\_\_  
 No  Yes amiodarone, dronedarone  
 Did you have an adverse effect?  No  Yes (describe): \_\_\_\_\_  
 No  Yes quetiapine, risperidone, olanzapine, or aripiprazole (Abilify)  
 Did you have an adverse effect?  No  Yes (describe): \_\_\_\_\_  
 No  Yes Other medications to which you had an adverse reaction (please specify which medications and describe the reaction)  
 Medication: \_\_\_\_\_  
 Adverse Effect: \_\_\_\_\_  
 Medication: \_\_\_\_\_  
 Adverse Effect: \_\_\_\_\_  
 Medication: \_\_\_\_\_  
 Adverse Effect: \_\_\_\_\_  
 Estimate how many days total you have taken antibiotics (if two antibiotics for one week, count this as two weeks): \_\_\_\_\_

**FAMILY HISTORY:**

No  Yes Do any 1<sup>st</sup> degree relatives also have/had electromagnetic field sensitivity, or electro-hypersensitivity  
 \_\_\_\_\_  
 \_\_\_\_\_

Do any 1<sup>st</sup> degree relatives (immediate biological family: parents, siblings, or children) have any of the conditions specified below.

**Metabolic Conditions:**

No  Yes Hypertension  
 No  Yes Diabetes  
 No  Yes High triglycerides  
 No  Yes Obesity or BMI > 30

**Overlap Conditions:**

0  No 1  Yes Chronic fatigue syndrome

0  No 1  Yes Irritable bowel syndrome

0  No 1  Yes Fibromyalgia

0  No 1  Yes Multiple chemical sensitivity

0  No 1  Yes Mold sensitivity

0  No 1  Yes Any autoimmune conditions (E.g. lupus, graves, multiple sclerosis, type 1 diabetes? Please describe.

\_\_\_\_\_

\_\_\_\_\_

**Exposures:**

0  No 1  Yes Did any 1<sup>st</sup> degree relatives ever have **medication** adverse event(s) or intolerance? If yes, please describe: \_\_\_\_\_

0  No 1  Yes Did any 1<sup>st</sup> degree relatives ever have **chemical** adverse event(s) or intolerance? If yes, please describe: \_\_\_\_\_

0  No 1  Yes Did any 1<sup>st</sup> degree relatives ever have **mold** adverse event(s) or intolerance? If yes, please describe: \_\_\_\_\_

Have you ever had electromagnetic field (**EMF**) sensitivity (sometimes called “electro-hypersensitivity”), a condition characterized by experiencing symptoms upon exposure to electromagnetic fields?

- 0  Currently have problem
- 1  Formerly (but not currently) had problem
- 2  Never
- 3  Other (describe):

→ Thank you, you are done with the survey

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**Please share your history of EMF problems below.**

| ONSET:                                                                                                                                                                                                                                                                                                 | Describe.                                                                                                                                                                                                                                                                                                                                                                                                                   |                 |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| <p>1. If you recall, how long ago do you believe you first had a reaction to an EMF exposure (year, month if known)?</p> <p>E.g. If 13 months ago (1 year + 1 month), check the box labeled year and write “1” next to it, <b>AND ALSO</b>, check the box labeled months and write “1” next to it.</p> | <p><input type="checkbox"/> YEARS AGO: _____<br/><small>(number of years)</small></p> <p style="text-align: center;">+</p> <p><input type="checkbox"/> MONTHS AGO: _____<br/><small>(number of months)</small></p> <p style="text-align: center;">+</p> <p><input type="checkbox"/> DAYS AGO: _____<br/><small>(number of days)</small></p> <p><input type="checkbox"/> EXACT DATE: _____<br/><small>(if known)</small></p> |                 |
| <p>2a. When you first developed symptoms that you now believe were due to EMF, were you aware that others had similar problems with EMF?</p>                                                                                                                                                           | <p>0 <input type="checkbox"/> NO</p> <p>1 <input type="checkbox"/> YES</p>                                                                                                                                                                                                                                                                                                                                                  | <p>Comment.</p> |
| <p>2b. When you first became aware that your symptoms <b>were due to</b> EMF, were you aware that others had similar problems with EMF?</p>                                                                                                                                                            | <p>0 <input type="checkbox"/> NO</p> <p>1 <input type="checkbox"/> YES</p>                                                                                                                                                                                                                                                                                                                                                  | <p>Comment.</p> |
| <p>3. What led you to first be aware you had a reaction to EMF?</p>                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                             |                 |

|                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                        |                                       |                                       |                                                        |                                       |                                        |                                          |                                        |                                     |                                                 |                                      |                                             |                                                 |                                     |                                    |                                                  |                                     |                                       |                                                  |                                         |                                    |                                          |                                          |  |  |                                          |  |  |                                          |  |  |
|----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------|---------------------------------------|---------------------------------------|--------------------------------------------------------|---------------------------------------|----------------------------------------|------------------------------------------|----------------------------------------|-------------------------------------|-------------------------------------------------|--------------------------------------|---------------------------------------------|-------------------------------------------------|-------------------------------------|------------------------------------|--------------------------------------------------|-------------------------------------|---------------------------------------|--------------------------------------------------|-----------------------------------------|------------------------------------|------------------------------------------|------------------------------------------|--|--|------------------------------------------|--|--|------------------------------------------|--|--|
| <p>4. Was there a triggering event?</p>                                                                              | <p>0 <input type="checkbox"/> NO</p> <p>1 <input type="checkbox"/> YES</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <p>If yes, what was the triggering event?</p>          |                                       |                                       |                                                        |                                       |                                        |                                          |                                        |                                     |                                                 |                                      |                                             |                                                 |                                     |                                    |                                                  |                                     |                                       |                                                  |                                         |                                    |                                          |                                          |  |  |                                          |  |  |                                          |  |  |
| <p>5. What was/were the original symptoms?</p>                                                                       | <table border="0"> <tr> <td>0 <input type="checkbox"/> Chest pain</td> <td>7 <input type="checkbox"/> Eye/vision</td> <td>14 <input type="checkbox"/> Irritability- short temper</td> </tr> <tr> <td>1 <input type="checkbox"/> Joint Pain</td> <td>8 <input type="checkbox"/> GI symptoms</td> <td>15 <input type="checkbox"/> Heart rhythm</td> </tr> <tr> <td>2 <input type="checkbox"/> Muscle pain</td> <td>9 <input type="checkbox"/> Headache</td> <td>16 <input type="checkbox"/> Shortness of breath</td> </tr> <tr> <td>3 <input type="checkbox"/> Confusion</td> <td>10 <input type="checkbox"/> Lightheadedness</td> <td>17 <input type="checkbox"/> "Internal pressure"</td> </tr> <tr> <td>4 <input type="checkbox"/> Ear pain</td> <td>11 <input type="checkbox"/> Sweats</td> <td>18 <input type="checkbox"/> Numbness or tingling</td> </tr> <tr> <td>5 <input type="checkbox"/> Tinnitus</td> <td>12 <input type="checkbox"/> Attention</td> <td>19 <input type="checkbox"/> Tendon/ligament pain</td> </tr> <tr> <td>6 <input type="checkbox"/> Hearing loss</td> <td>13 <input type="checkbox"/> Memory</td> <td>20 <input type="checkbox"/> Mood changes</td> </tr> <tr> <td>19 <input type="checkbox"/> Other: _____</td> <td></td> <td></td> </tr> <tr> <td>20 <input type="checkbox"/> Other: _____</td> <td></td> <td></td> </tr> <tr> <td>21 <input type="checkbox"/> Other: _____</td> <td></td> <td></td> </tr> </table> |                                                        | 0 <input type="checkbox"/> Chest pain | 7 <input type="checkbox"/> Eye/vision | 14 <input type="checkbox"/> Irritability- short temper | 1 <input type="checkbox"/> Joint Pain | 8 <input type="checkbox"/> GI symptoms | 15 <input type="checkbox"/> Heart rhythm | 2 <input type="checkbox"/> Muscle pain | 9 <input type="checkbox"/> Headache | 16 <input type="checkbox"/> Shortness of breath | 3 <input type="checkbox"/> Confusion | 10 <input type="checkbox"/> Lightheadedness | 17 <input type="checkbox"/> "Internal pressure" | 4 <input type="checkbox"/> Ear pain | 11 <input type="checkbox"/> Sweats | 18 <input type="checkbox"/> Numbness or tingling | 5 <input type="checkbox"/> Tinnitus | 12 <input type="checkbox"/> Attention | 19 <input type="checkbox"/> Tendon/ligament pain | 6 <input type="checkbox"/> Hearing loss | 13 <input type="checkbox"/> Memory | 20 <input type="checkbox"/> Mood changes | 19 <input type="checkbox"/> Other: _____ |  |  | 20 <input type="checkbox"/> Other: _____ |  |  | 21 <input type="checkbox"/> Other: _____ |  |  |
| 0 <input type="checkbox"/> Chest pain                                                                                | 7 <input type="checkbox"/> Eye/vision                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | 14 <input type="checkbox"/> Irritability- short temper |                                       |                                       |                                                        |                                       |                                        |                                          |                                        |                                     |                                                 |                                      |                                             |                                                 |                                     |                                    |                                                  |                                     |                                       |                                                  |                                         |                                    |                                          |                                          |  |  |                                          |  |  |                                          |  |  |
| 1 <input type="checkbox"/> Joint Pain                                                                                | 8 <input type="checkbox"/> GI symptoms                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 15 <input type="checkbox"/> Heart rhythm               |                                       |                                       |                                                        |                                       |                                        |                                          |                                        |                                     |                                                 |                                      |                                             |                                                 |                                     |                                    |                                                  |                                     |                                       |                                                  |                                         |                                    |                                          |                                          |  |  |                                          |  |  |                                          |  |  |
| 2 <input type="checkbox"/> Muscle pain                                                                               | 9 <input type="checkbox"/> Headache                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | 16 <input type="checkbox"/> Shortness of breath        |                                       |                                       |                                                        |                                       |                                        |                                          |                                        |                                     |                                                 |                                      |                                             |                                                 |                                     |                                    |                                                  |                                     |                                       |                                                  |                                         |                                    |                                          |                                          |  |  |                                          |  |  |                                          |  |  |
| 3 <input type="checkbox"/> Confusion                                                                                 | 10 <input type="checkbox"/> Lightheadedness                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 17 <input type="checkbox"/> "Internal pressure"        |                                       |                                       |                                                        |                                       |                                        |                                          |                                        |                                     |                                                 |                                      |                                             |                                                 |                                     |                                    |                                                  |                                     |                                       |                                                  |                                         |                                    |                                          |                                          |  |  |                                          |  |  |                                          |  |  |
| 4 <input type="checkbox"/> Ear pain                                                                                  | 11 <input type="checkbox"/> Sweats                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 18 <input type="checkbox"/> Numbness or tingling       |                                       |                                       |                                                        |                                       |                                        |                                          |                                        |                                     |                                                 |                                      |                                             |                                                 |                                     |                                    |                                                  |                                     |                                       |                                                  |                                         |                                    |                                          |                                          |  |  |                                          |  |  |                                          |  |  |
| 5 <input type="checkbox"/> Tinnitus                                                                                  | 12 <input type="checkbox"/> Attention                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | 19 <input type="checkbox"/> Tendon/ligament pain       |                                       |                                       |                                                        |                                       |                                        |                                          |                                        |                                     |                                                 |                                      |                                             |                                                 |                                     |                                    |                                                  |                                     |                                       |                                                  |                                         |                                    |                                          |                                          |  |  |                                          |  |  |                                          |  |  |
| 6 <input type="checkbox"/> Hearing loss                                                                              | 13 <input type="checkbox"/> Memory                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 20 <input type="checkbox"/> Mood changes               |                                       |                                       |                                                        |                                       |                                        |                                          |                                        |                                     |                                                 |                                      |                                             |                                                 |                                     |                                    |                                                  |                                     |                                       |                                                  |                                         |                                    |                                          |                                          |  |  |                                          |  |  |                                          |  |  |
| 19 <input type="checkbox"/> Other: _____                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                        |                                       |                                       |                                                        |                                       |                                        |                                          |                                        |                                     |                                                 |                                      |                                             |                                                 |                                     |                                    |                                                  |                                     |                                       |                                                  |                                         |                                    |                                          |                                          |  |  |                                          |  |  |                                          |  |  |
| 20 <input type="checkbox"/> Other: _____                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                        |                                       |                                       |                                                        |                                       |                                        |                                          |                                        |                                     |                                                 |                                      |                                             |                                                 |                                     |                                    |                                                  |                                     |                                       |                                                  |                                         |                                    |                                          |                                          |  |  |                                          |  |  |                                          |  |  |
| 21 <input type="checkbox"/> Other: _____                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                        |                                       |                                       |                                                        |                                       |                                        |                                          |                                        |                                     |                                                 |                                      |                                             |                                                 |                                     |                                    |                                                  |                                     |                                       |                                                  |                                         |                                    |                                          |                                          |  |  |                                          |  |  |                                          |  |  |
| <p>6a. What led you to <b>initially</b> connect the symptoms to the exposure?</p>                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                        |                                       |                                       |                                                        |                                       |                                        |                                          |                                        |                                     |                                                 |                                      |                                             |                                                 |                                     |                                    |                                                  |                                     |                                       |                                                  |                                         |                                    |                                          |                                          |  |  |                                          |  |  |                                          |  |  |
| <p>6b. How long after the 1<sup>st</sup> reaction did it take before you connected the symptoms to EMF exposure?</p> | <table border="0"> <tr> <td>0 <input type="checkbox"/> No time</td> <td>4 <input type="checkbox"/> Days</td> </tr> <tr> <td>1 <input type="checkbox"/> Seconds</td> <td>5 <input type="checkbox"/> Weeks</td> </tr> <tr> <td>2 <input type="checkbox"/> Minutes</td> <td>6 <input type="checkbox"/> Months</td> </tr> <tr> <td>3 <input type="checkbox"/> Hours</td> <td>7 <input type="checkbox"/> Years</td> </tr> </table>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                        | 0 <input type="checkbox"/> No time    | 4 <input type="checkbox"/> Days       | 1 <input type="checkbox"/> Seconds                     | 5 <input type="checkbox"/> Weeks      | 2 <input type="checkbox"/> Minutes     | 6 <input type="checkbox"/> Months        | 3 <input type="checkbox"/> Hours       | 7 <input type="checkbox"/> Years    |                                                 |                                      |                                             |                                                 |                                     |                                    |                                                  |                                     |                                       |                                                  |                                         |                                    |                                          |                                          |  |  |                                          |  |  |                                          |  |  |
| 0 <input type="checkbox"/> No time                                                                                   | 4 <input type="checkbox"/> Days                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                        |                                       |                                       |                                                        |                                       |                                        |                                          |                                        |                                     |                                                 |                                      |                                             |                                                 |                                     |                                    |                                                  |                                     |                                       |                                                  |                                         |                                    |                                          |                                          |  |  |                                          |  |  |                                          |  |  |
| 1 <input type="checkbox"/> Seconds                                                                                   | 5 <input type="checkbox"/> Weeks                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                        |                                       |                                       |                                                        |                                       |                                        |                                          |                                        |                                     |                                                 |                                      |                                             |                                                 |                                     |                                    |                                                  |                                     |                                       |                                                  |                                         |                                    |                                          |                                          |  |  |                                          |  |  |                                          |  |  |
| 2 <input type="checkbox"/> Minutes                                                                                   | 6 <input type="checkbox"/> Months                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                        |                                       |                                       |                                                        |                                       |                                        |                                          |                                        |                                     |                                                 |                                      |                                             |                                                 |                                     |                                    |                                                  |                                     |                                       |                                                  |                                         |                                    |                                          |                                          |  |  |                                          |  |  |                                          |  |  |
| 3 <input type="checkbox"/> Hours                                                                                     | 7 <input type="checkbox"/> Years                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                        |                                       |                                       |                                                        |                                       |                                        |                                          |                                        |                                     |                                                 |                                      |                                             |                                                 |                                     |                                    |                                                  |                                     |                                       |                                                  |                                         |                                    |                                          |                                          |  |  |                                          |  |  |                                          |  |  |

|                                                                                                 |                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|-------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>7. Had you been sensitive to chemicals prior to or concurrent with your EMF sensitivity?</p> | <p>0 <input type="checkbox"/> NO<br/>1 <input type="checkbox"/> YES</p> | <p>If yes, to what chemicals have you been you sensitive?</p> <p>0 <input type="checkbox"/> Pesticides      3 <input type="checkbox"/> Fragrances<br/>1 <input type="checkbox"/> Herbicides      4 <input type="checkbox"/> Paints<br/>2 <input type="checkbox"/> Solvents      5 <input type="checkbox"/> Cleaning products</p> <p>6 <input type="checkbox"/> Other: _____<br/>7 <input type="checkbox"/> Other: _____<br/>8 <input type="checkbox"/> Other: _____</p> <p>If yes, for how long have you been sensitive to chemicals?<br/>(E.g. If 13 months ago (1 year+1 month), check the box labeled year and write "1" next to it, <b>AND ALSO</b>, check the box labeled months and write "1" next to it.)</p> <p>0 <input type="checkbox"/> Years _____<br/>1 <input type="checkbox"/> Months _____<br/>2 <input type="checkbox"/> Weeks _____<br/>3 <input type="checkbox"/> Days _____</p> |
|-------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

**GENERAL:**

**FOR THE FOLLOWING QUESTIONS: If you are *no longer sensitive*, answer the questions as they would have applied, when you were sensitive.**

|                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|-----------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>8. What EMF exposures do you react to?</p> | <p>0 <input type="checkbox"/> Smart meters      3 <input type="checkbox"/> Computers      6 <input type="checkbox"/> Microwaves<br/>1 <input type="checkbox"/> Cell phones      4 <input type="checkbox"/> Wi-Fi      7 <input type="checkbox"/> Television<br/>2 <input type="checkbox"/> Cell towers      5 <input type="checkbox"/> Radio      8 <input type="checkbox"/> Power lines</p> <p>9 <input type="checkbox"/> Other: _____<br/>10 <input type="checkbox"/> Other: _____<br/>11 <input type="checkbox"/> Other: _____</p> |
|-----------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

|                                                                                                 |                                                                                                                                                                                                                                |
|-------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>9. On a scale of 0-10, how affected are you from EMF-related symptoms <b>in general</b>?</p> | <p>No effect on quality of life or function, no restriction of activities</p> <p style="text-align: right;">Profound effect on quality of life or function, restriction of activities</p> <p style="text-align: center;"> </p> |
|-------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|



10. Once exposed to EMF, symptoms can persist for how long after you are **no longer exposed**?

|                                        |                                                                                 |
|----------------------------------------|---------------------------------------------------------------------------------|
| 0 <input type="checkbox"/> Few Minutes | 4 <input type="checkbox"/> Months                                               |
| 1 <input type="checkbox"/> Hours       | 5 <input type="checkbox"/> Years                                                |
| 2 <input type="checkbox"/> Days        | 6 <input type="checkbox"/> Symptoms do not extend beyond the period of exposure |
| 3 <input type="checkbox"/> Weeks       |                                                                                 |

11. What have been the worst **specific exposure events or occurrences** arising from your EMF-related problems? (List and describe as many as you like.)

12a. Which **type or category** of EMF exposures produces the worst problems?

|                                          |                                      |                                        |
|------------------------------------------|--------------------------------------|----------------------------------------|
| 0 <input type="checkbox"/> Smart meters  | 3 <input type="checkbox"/> Computers | 6 <input type="checkbox"/> Microwaves  |
| 1 <input type="checkbox"/> Cell phones   | 4 <input type="checkbox"/> Wi-Fi     | 7 <input type="checkbox"/> Television  |
| 2 <input type="checkbox"/> Cell towers   | 5 <input type="checkbox"/> Radio     | 8 <input type="checkbox"/> Power lines |
| 9 <input type="checkbox"/> Other: _____  |                                      |                                        |
| 10 <input type="checkbox"/> Other: _____ |                                      |                                        |
| 11 <input type="checkbox"/> Other: _____ |                                      |                                        |

12b. What symptoms/problems are produced from the exposure that produces the worst problems?

|                                          |                                             |                                                        |
|------------------------------------------|---------------------------------------------|--------------------------------------------------------|
| 0 <input type="checkbox"/> Chest pain    | 7 <input type="checkbox"/> Eye/vision       | 14 <input type="checkbox"/> Irritability- short temper |
| 1 <input type="checkbox"/> Joint Pain    | 8 <input type="checkbox"/> GI symptoms      | 15 <input type="checkbox"/> Heart rhythm               |
| 2 <input type="checkbox"/> Muscle pain   | 9 <input type="checkbox"/> Headache         | 16 <input type="checkbox"/> Shortness of breath        |
| 3 <input type="checkbox"/> Confusion     | 10 <input type="checkbox"/> Lightheadedness | 17 <input type="checkbox"/> "Internal pressure"        |
| 4 <input type="checkbox"/> Ear pain      | 11 <input type="checkbox"/> Sweats          | 18 <input type="checkbox"/> Numbness or tingling       |
| 5 <input type="checkbox"/> Tinnitus      | 12 <input type="checkbox"/> Attention       | 19 <input type="checkbox"/> Tendon/ligament pain       |
| 6 <input type="checkbox"/> Hearing loss  | 13 <input type="checkbox"/> Memory          | 20 <input type="checkbox"/> Mood changes               |
| 19 <input type="checkbox"/> Other: _____ |                                             |                                                        |
| 20 <input type="checkbox"/> Other: _____ |                                             |                                                        |
| 21 <input type="checkbox"/> Other: _____ |                                             |                                                        |

12c. On a scale of 0-10, how affected were you from EMF-related symptoms, **at their worst**?

|                                                                        |                                                                           |
|------------------------------------------------------------------------|---------------------------------------------------------------------------|
| No effect on quality of life or function, no restriction of activities | Profound effect on quality of life or function, restriction of activities |
|                                                                        |                                                                           |
| <p>0    1    2    3    4    5    6    7    8    9    10</p>            |                                                                           |

|                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                 |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|
| <p>13. What electromagnetic exposures do you tolerate?</p>                                                                                                                       | <p> <input type="checkbox"/> Smart meters      <input type="checkbox"/> Computers      <input type="checkbox"/> Microwaves<br/> <input type="checkbox"/> Cell phones      <input type="checkbox"/> Wi-Fi      <input type="checkbox"/> Television<br/> <input type="checkbox"/> Cell towers      <input type="checkbox"/> Radio      <input type="checkbox"/> Power lines<br/> <br/> <input type="checkbox"/> Other: _____<br/> <input type="checkbox"/> Other: _____<br/> <input type="checkbox"/> Other: _____ </p> |                                                                                                                                 |
| <p>14. Are the symptoms with each type of EMF exposure the same?</p>                                                                                                             | <p> <input type="checkbox"/> NO<br/> <input type="checkbox"/> YES </p>                                                                                                                                                                                                                                                                                                                                                                                                                                                | <p>If different types of exposures lead to different symptoms, please clarify in what way.</p> <p>Comment:</p>                  |
| <p>15. Can you always immediately tell if you are exposed?</p>                                                                                                                   | <p> <input type="checkbox"/> NO<br/> <input type="checkbox"/> YES </p>                                                                                                                                                                                                                                                                                                                                                                                                                                                | <p>If yes, please describe.</p>                                                                                                 |
| <p>16. What leads you to connect the symptoms to the exposure?</p>                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                 |
| <p>17. Have there been times when you had your EMF symptoms, recognized them as specific to your EMF symptoms, despite being <b>initially</b> unaware there was an exposure.</p> | <p> <input type="checkbox"/> NO<br/> <input type="checkbox"/> YES </p>                                                                                                                                                                                                                                                                                                                                                                                                                                                | <p>If yes, please describe.</p>                                                                                                 |
| <p>18. Do you use a multi-meter or EMF meter to measure EMF around you?</p>                                                                                                      | <p> <input type="checkbox"/> NO<br/> <input type="checkbox"/> YES </p>                                                                                                                                                                                                                                                                                                                                                                                                                                                | <p>If yes, what kind?</p> <p>If yes, is it helpful? Please comment <input type="checkbox"/> No <input type="checkbox"/> Yes</p> |

|                                                                                                                                                               |                                                                                                                                                                                                                                                                              |                                |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|
| <p>19. From the time you first became aware of symptoms, did the condition evolve in any way?</p>                                                             | <p>0 <input type="checkbox"/> Got better</p> <p>1 <input type="checkbox"/> Got Worse</p> <p>2 <input type="checkbox"/> Episodes of improvement, followed by worsening (or vice versa)</p> <p>3 <input type="checkbox"/> Other (specify): _____</p> <p>_____</p> <p>_____</p> |                                |
| <p>20a. <i>Exacerbating factors</i>: Is there anything (non-EMF) you have noticed that aggravates your EMF symptoms in the <b>short-term</b>?</p>             | <p>0 <input type="checkbox"/> NO</p> <p>1 <input type="checkbox"/> YES</p>                                                                                                                                                                                                   | <p>If yes, please specify.</p> |
| <p>21. Are there specific events or factors that you believe led to <b>sustained</b> worsening in your symptoms or reaction?</p>                              | <p>0 <input type="checkbox"/> NO</p> <p>1 <input type="checkbox"/> YES</p>                                                                                                                                                                                                   | <p>If yes, please specify.</p> |
| <p>22a. <i>Ameliorating factors</i>: Is there anything (other than treatments) you have noticed that makes your symptoms better in the <b>short-term</b>?</p> | <p>0 <input type="checkbox"/> NO</p> <p>1 <input type="checkbox"/> YES</p>                                                                                                                                                                                                   | <p>If yes, please specify.</p> |
| <p>22b. Are there specific events or factors (other than treatment) that you believe led to <b>sustained</b> improvement in your symptoms?</p>                | <p>0 <input type="checkbox"/> NO</p> <p>1 <input type="checkbox"/> YES</p>                                                                                                                                                                                                   | <p>If yes, please specify.</p> |

| Treatments                                                                      | Describe. |
|---------------------------------------------------------------------------------|-----------|
| <p>23. What <b>treatments</b> have you tried for your EMF-related problems?</p> |           |

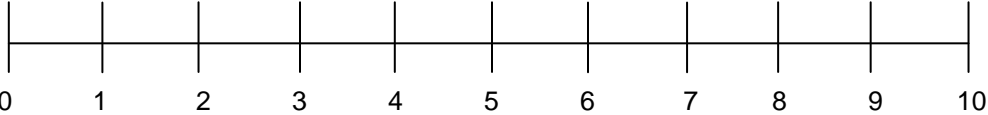

|                                                                                                                        |                                                                         |                                |
|------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|--------------------------------|
| <p>24a. Were/are there any <b>treatments</b> that led to <b>sustained</b> improvement?<br/><b>Provide detail!</b></p>  | <p>0 <input type="checkbox"/> NO<br/>1 <input type="checkbox"/> YES</p> | <p>If yes, please specify.</p> |
| <p>24b. Were/are there any treatments that made/make the condition better <b>in the short term</b>?</p>                | <p>0 <input type="checkbox"/> NO<br/>1 <input type="checkbox"/> YES</p> | <p>If yes, please specify.</p> |
| <p>25a. Were there any treatments that led to <b>sustained worsening</b> (increased sensitivity to EMF exposures)?</p> | <p>0 <input type="checkbox"/> NO<br/>1 <input type="checkbox"/> YES</p> | <p>If yes, please specify.</p> |
| <p>25b. Were there any treatments that made the condition worse in the <b>short term</b>?</p>                          | <p>0 <input type="checkbox"/> NO<br/>1 <input type="checkbox"/> YES</p> | <p>If yes, please specify.</p> |

|                                  |                        |
|----------------------------------|------------------------|
| <p><b>GENERAL CONTINUED:</b></p> | <p><b>Specify.</b></p> |
|----------------------------------|------------------------|

|                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>26. Have you made modifications to your life to accommodate living with your EMF sensitivity?</p> <p>a) At home</p> <p>b) At work</p> <p>c) Out in society (e.g. shopping or being in public)</p> <p>d) In travel</p> <p>e) In recreation</p> <p>f) Other</p> | <p>0 <input type="checkbox"/> No<br/>1 <input type="checkbox"/> Yes (describe): _____</p> <hr/> <p>0 <input type="checkbox"/> No<br/>1 <input type="checkbox"/> Yes (describe): _____</p> <hr/> <p>0 <input type="checkbox"/> No<br/>1 <input type="checkbox"/> Yes (describe): _____</p> <hr/> <p>0 <input type="checkbox"/> No<br/>1 <input type="checkbox"/> Yes (describe): _____</p> <hr/> <p>0 <input type="checkbox"/> No<br/>1 <input type="checkbox"/> Yes (describe): _____</p> <hr/> <p>0 <input type="checkbox"/> No<br/>1 <input type="checkbox"/> Yes (describe): _____</p> |
| <p>27. Have you delayed, suspended, or modified medical or dental care due to you EMF sensitivity?</p>                                                                                                                                                           | <p>0 <input type="checkbox"/> NO<br/>1 <input type="checkbox"/> YES</p> <p>If yes, please describe.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <p>28a. Have you conveyed your EMF sensitivity to any <b>traditional</b> provider(s) in the medical community?</p>                                                                                                                                               | <p>0 <input type="checkbox"/> NO<br/>1 <input type="checkbox"/> YES</p> <p>If so, who/what type of provider?</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <p>28b. If yes, how did the <b>traditional</b> provider(s) respond?</p>                                                                                                                                                                                          | <p>Check all that apply (for different providers):</p> <p>0 <input type="checkbox"/> Not applicable<br/>1 <input type="checkbox"/> Supportive or helpful<br/>2 <input type="checkbox"/> Dismissive or hostile<br/>3 <input type="checkbox"/> Neither dismissive or supportive<br/>4 <input type="checkbox"/> Other</p> <p>Please comment/describe.</p>                                                                                                                                                                                                                                    |
| <p>29a. Have you conveyed your EMF sensitivity to any <b>alternative</b> provider(s) in the medical community?</p>                                                                                                                                               | <p>0 <input type="checkbox"/> NO<br/>1 <input type="checkbox"/> YES</p> <p>If so, who/what type of provider?</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |

|                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>29b. If yes, how did the <b>alternative</b> provider(s) respond?</p>                                                                                                                                   | <p>Check all that apply (for different providers):</p> <p>0 <input type="checkbox"/> Not applicable</p> <p>1 <input type="checkbox"/> Supportive or helpful</p> <p>2 <input type="checkbox"/> Dismissive or hostile</p> <p>3 <input type="checkbox"/> Neither dismissive or supportive</p> <p>4 <input type="checkbox"/> Other</p>                                                                                                                                                                                                                                                                                                                                                                                                                                  | <p>Please comment/describe.</p>                                                                                                                                                                                                                                                                                                                                                                                                           |
| <p>30. What types of health practitioners have you seen <b>for the purpose of</b> seeking help for your EMF sensitivity? Write "N/A" if you have not seen any health practitioner for your condition.</p> | <p>0 <input type="checkbox"/> Not applicable      6 <input type="checkbox"/> Toxicologist</p> <p>1 <input type="checkbox"/> Family practice      7 <input type="checkbox"/> Chiropractor</p> <p>2 <input type="checkbox"/> Internist      8 <input type="checkbox"/> Neurologist</p> <p>3 <input type="checkbox"/> Nurse practitioner      9 <input type="checkbox"/> Cardiologist</p> <p>4 <input type="checkbox"/> Osteopath      10 <input type="checkbox"/> Rheumatologist</p> <p>5 <input type="checkbox"/> Naturopath      11 <input type="checkbox"/> Allergy/immunologist</p> <p>10 <input type="checkbox"/> Other (specify): _____</p> <p>11 <input type="checkbox"/> Other (specify): _____</p> <p>12 <input type="checkbox"/> Other (specify): _____</p> |                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <p>31. Did you ever choose a practitioner based on their presumed knowledge about EMF sensitivity?</p>                                                                                                    | <p>0 <input type="checkbox"/> NO</p> <p>1 <input type="checkbox"/> YES</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | <p>Please comment/describe.</p>                                                                                                                                                                                                                                                                                                                                                                                                           |
| <p>32a. Have you conveyed your EMF sensitivity to any family members?</p>                                                                                                                                 | <p>0 <input type="checkbox"/> NO</p> <p>1 <input type="checkbox"/> YES</p> <p>To whom (Check all that apply)</p> <p>0 <input type="checkbox"/> Father      5 <input type="checkbox"/> Aunt</p> <p>1 <input type="checkbox"/> Mother      6 <input type="checkbox"/> Uncle</p> <p>2 <input type="checkbox"/> Spouse      7 <input type="checkbox"/> Cousin</p> <p>3 <input type="checkbox"/> Child      8 <input type="checkbox"/> Grandfather</p> <p>4 <input type="checkbox"/> Sibling      9 <input type="checkbox"/> Grandmother</p> <p>10 <input type="checkbox"/> Others (specify): _____</p> <p>11 <input type="checkbox"/> Others (specify): _____</p>                                                                                                       | <p>How did they respond? (check all that apply)</p> <p>0 <input type="checkbox"/> Did not convey      3 <input type="checkbox"/> Neither dismissive or supportive</p> <p>1 <input type="checkbox"/> Supportive or helpful      4 <input type="checkbox"/> Both dismissive and supportive</p> <p>2 <input type="checkbox"/> Dismissive or hostile      5 <input type="checkbox"/> Other</p> <p>Please further describe their response.</p> |
| <p>32b. Have you conveyed your EMF sensitivity to any others in your social circle or friends?</p>                                                                                                        | <p>0 <input type="checkbox"/> NO</p> <p>1 <input type="checkbox"/> YES</p> <p>To Whom?</p> <p>_____</p> <p>_____</p> <p>_____</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <p>How did they respond? (check all that apply)</p> <p>0 <input type="checkbox"/> Did not convey      3 <input type="checkbox"/> Neither dismissive or supportive</p> <p>1 <input type="checkbox"/> Supportive or      4 <input type="checkbox"/> Both dismissive and supportive</p> <p>2 <input type="checkbox"/> Dismissive or      5 <input type="checkbox"/> Other</p> <p>Please further describe their response.</p>                 |

|                                                                                                                                                                               |                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                     |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>32c. Have you conveyed your EMF sensitivity to anyone in your workplace or other professional colleagues? If so, how did they respond?</p>                                 | <p>0 <input type="checkbox"/> NO<br/>1 <input type="checkbox"/> YES</p> <p>To Whom?<br/>_____<br/>_____<br/>_____</p>    | <p>How did they respond? (check all that apply)</p> <p>0 <input type="checkbox"/> Did not convey      3 <input type="checkbox"/> Neither dismissive or supportive<br/>1 <input type="checkbox"/> Supportive or      4 <input type="checkbox"/> Both dismissive and supportive<br/>2 <input type="checkbox"/> Dismissive or      5 <input type="checkbox"/> Other</p> <p>Please further describe their response.</p> |
| <p>33a. Have you ever requested work accommodations from your boss in relation to your EMF sensitivity?</p>                                                                   | <p>0 <input type="checkbox"/> NO<br/>1 <input type="checkbox"/> YES</p>                                                  | <p>If yes, how did he or she respond and what accommodations were made?</p>                                                                                                                                                                                                                                                                                                                                         |
| <p>33b. Have you tried to request actions by your power company, other industries, or the government to reduce your exposure (e.g. removal of smart meters, cell towers)?</p> | <p>0 <input type="checkbox"/> NO<br/>1 <input type="checkbox"/> YES</p>                                                  | <p>If yes, please describe your experience:</p> <p>Were your efforts successful?<br/>0 <input type="checkbox"/> No 1 <input type="checkbox"/> Yes (please describe):</p>                                                                                                                                                                                                                                            |
| <p>33c. Have you tried to request actions by neighbors or others to reduce your exposure (e.g. removal of smart meters)?</p>                                                  | <p>0 <input type="checkbox"/> NO<br/>1 <input type="checkbox"/> YES</p>                                                  | <p>If yes, please describe your experience:</p> <p>Were your efforts successful?<br/>0 <input type="checkbox"/> No 1 <input type="checkbox"/> Yes (please describe):</p>                                                                                                                                                                                                                                            |
| <p>34. Have there been times that you and/or others were imperiled because of your EMF-related problems? (E.g. confusion while driving, etc.)</p>                             | <p>0 <input type="checkbox"/> NO<br/>1 <input type="checkbox"/> YES, SELF<br/>2 <input type="checkbox"/> YES, OTHERS</p> | <p>If yes, please describe.</p>                                                                                                                                                                                                                                                                                                                                                                                     |
| <p>35a. Have you reached out to, or communicated with other EMF affected individuals?</p>                                                                                     | <p>0 <input type="checkbox"/> NO<br/>1 <input type="checkbox"/> YES</p>                                                  | <p>If yes, whom did you reach out to and how?</p>                                                                                                                                                                                                                                                                                                                                                                   |

|                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                            |                                 |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------|
| <p>35b. If so, has communicating with other affected persons been helpful?</p>                                                                                                                                                                                                                                                                                           | <p>0 <input type="checkbox"/> NO</p> <p>1 <input type="checkbox"/> YES</p> <p>0 <input type="checkbox"/> N/A</p>                                                                                                                                                                                                                           | <p>Please elaborate.</p>        |
| <p>36. On a scale of 0-10, how confident are you that you experience symptom(s) that are related to EMF-exposure?</p> <p style="text-align: center;">Completely unsure <span style="float: right;">Completely certain</span></p>                                                       |                                                                                                                                                                                                                                                                                                                                            |                                 |
| <p>37. If you are <b>not</b> fully confident, have you identified other things to which your symptoms might relate?</p>                                                                                                                                                                                                                                                  | <p>0 <input type="checkbox"/> NO</p> <p>1 <input type="checkbox"/> YES</p>                                                                                                                                                                                                                                                                 | <p>If yes, please describe.</p> |
| <p>38. Can/could you confidentially distinguish your EMF-related symptom(s) from other health conditions or symptoms?</p>                                                                                                                                                                                                                                                | <p style="text-align: center;">Never <span style="margin-left: 100px;">Sometimes</span> <span style="margin-left: 100px;">Usually</span> <span style="margin-left: 100px;">Always</span></p>                                                             |                                 |
| <p>39a. If you <b>still</b> have EMF-sensitivity, how long have you had your EMF sensitivity?</p> <p>E.g. If 13 months (1 year + 1 month), check the box labeled year and write "1" next to it, <b>AND ALSO</b>, check the box labeled months and write "1" next to it.</p> <p>Check the box labeled "N/A" if you formerly had (but no longer have) EMF sensitivity.</p> | <p><input type="checkbox"/> YEARS _____<br/>(number of years)</p> <p style="text-align: center;">+</p> <p><input type="checkbox"/> MONTHS: _____<br/>(number of months)</p> <p style="text-align: center;">+</p> <p><input type="checkbox"/> DAYS: _____<br/>(number of days)</p> <p><input type="checkbox"/> N/A: _____<br/>(comment)</p> |                                 |
| <p>39b. If you <b>formerly</b> had (but no longer have) EMF sensitivity, for how long did you have EMF sensitivity?</p> <p>E.g. If 13 months (1 year + 1 month), check the box labeled year and write "1" next to it, <b>AND ALSO</b>, check the box labeled months and write "1" next to it.</p> <p>Check the box labeled "N/A" if you still have EMF sensitivity.</p>  | <p><input type="checkbox"/> YEARS _____<br/>(number of years)</p> <p style="text-align: center;">+</p> <p><input type="checkbox"/> MONTHS: _____<br/>(number of months)</p> <p style="text-align: center;">+</p> <p><input type="checkbox"/> DAYS: _____<br/>(number of days)</p> <p><input type="checkbox"/> N/A: _____<br/>(comment)</p> |                                 |



|                                                                                                                                                                                                                                                          |  |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| <p>39c. If you formerly had (but no longer have) EMF sensitivity, to what do you attribute your improvement? Take as much space as you need (Feel free to continue on another sheet of paper).</p> <p>Write "N/A" if you still have EMF sensitivity.</p> |  |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|

| TIMECOURSE:                                                                                            | Describe.                                                                                                                                                                                                                                                                                                                                                                                  |          |
|--------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|
| 40a. How does intensity of relevant EMF exposures affect your symptoms?                                |                                                                                                                                                                                                                                                                                                                                                                                            |          |
| 40b. How does duration of relevant EMF exposures affect your symptoms?                                 |                                                                                                                                                                                                                                                                                                                                                                                            |          |
| 41a. How long after onset of the exposure till your symptoms are noticeable?                           | <p><b>CHECK ALL THAT APPLY (for different exposures)</b></p> <p>0 <input type="checkbox"/> No time      4 <input type="checkbox"/> Days</p> <p>1 <input type="checkbox"/> Seconds      5 <input type="checkbox"/> Weeks</p> <p>2 <input type="checkbox"/> Minutes      6 <input type="checkbox"/> Months</p> <p>3 <input type="checkbox"/> Hours      7 <input type="checkbox"/> Years</p> | Comment: |
| 41b. How is the answer to the previous question affected by exposure type, intensity, and/or duration? |                                                                                                                                                                                                                                                                                                                                                                                            |          |

| SOCIAL CHANGE:                                                                                                       | Describe. |  |
|----------------------------------------------------------------------------------------------------------------------|-----------|--|
| 42. What changes could society implement that would make life better for you, in relation to your EMF sensitivities? |           |  |

|                                                                         |  |
|-------------------------------------------------------------------------|--|
| <p>43. Do you feel society should implement these changes, and why?</p> |  |
|-------------------------------------------------------------------------|--|

**LIFESTYLE CHANGES:**

|                                                                                                                                                                             |                         |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|
| <p>44. Have your EMF-related problems led you to alter your life?</p> <p>No changes <span style="float: right;">Profoundly altered</span></p> <p>0 1 2 3 4 5 6 7 8 9 10</p> | <p>Please describe.</p> |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|

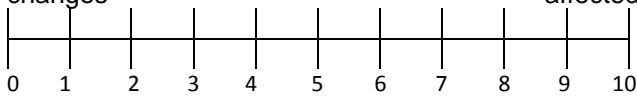
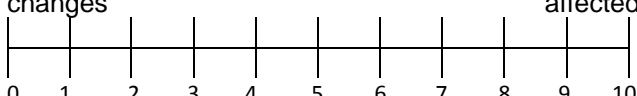
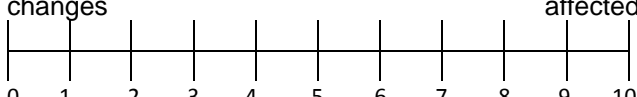
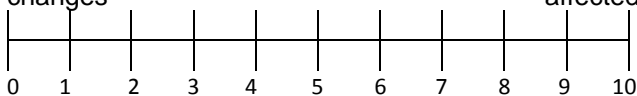
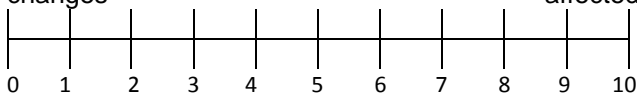
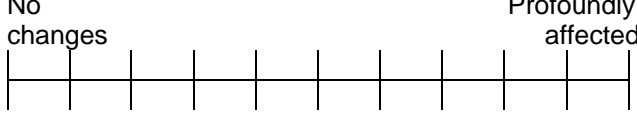
|                                                                                                                                                                         |                         |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|
| <p>45. Have your EMF-related problems affected you socially?</p> <p>No changes <span style="float: right;">Profoundly affected</span></p> <p>0 1 2 3 4 5 6 7 8 9 10</p> | <p>Please describe.</p> |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|

|                                                                                                                                                                               |                         |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|
| <p>46. Have your EMF-related problems affected you professionally?</p> <p>No changes <span style="float: right;">Profoundly affected</span></p> <p>0 1 2 3 4 5 6 7 8 9 10</p> | <p>Please describe.</p> |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|

|                                                                                                                                                                                                                                             |                         |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|
| <p>47. Have your EMF-related problems affected your family functions or family life ( e.g. accompanying a child to dance class)?</p> <p>No changes <span style="float: right;">Profoundly affected</span></p> <p>0 1 2 3 4 5 6 7 8 9 10</p> | <p>Please describe.</p> |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|

|                                                                                                                                                                                                                            |                         |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|
| <p>48. Have your EMF-related problems affected you personally (separate from professional, social, and family)?</p> <p>No changes <span style="float: right;">Profoundly affected</span></p> <p>0 1 2 3 4 5 6 7 8 9 10</p> | <p>Please describe.</p> |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|

|                                                                                                                                                                                       |                         |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|
| <p>49. Have your EMF-related problems affected you in household functions?</p> <p>No changes <span style="float: right;">Profoundly affected</span></p> <p>0 1 2 3 4 5 6 7 8 9 10</p> | <p>Please describe.</p> |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|

|                                                                                                                                                                                                                                                                                                                                       |                         |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|
| <p>50. Have your EMF-related problems affected you in neighborhood or civic involvement?</p> <p>No changes <span style="float: right;">Profoundly affected</span></p>  <p>0 1 2 3 4 5 6 7 8 9 10</p>                                                  | <p>Please describe.</p> |
| <p>51. Have your EMF-related problems affected your religious involvement?</p> <p><input type="checkbox"/> N/A</p> <p>No changes <span style="float: right;">Profoundly affected</span></p>  <p>0 1 2 3 4 5 6 7 8 9 10</p>                            | <p>Please describe.</p> |
| <p>52. Have your EMF-related problems affected your income?</p> <p><input type="checkbox"/> N/A, retired or had not been an income source</p> <p>No changes <span style="float: right;">Profoundly affected</span></p>  <p>0 1 2 3 4 5 6 7 8 9 10</p> | <p>Please describe.</p> |
| <p>53a. Have your EMF-related problems affected you financially (other than income; eg. expenditures)?</p> <p>No changes <span style="float: right;">Profoundly affected</span></p>  <p>0 1 2 3 4 5 6 7 8 9 10</p>                                  | <p>Please describe.</p> |
| <p>53b. If there has been a financial impact, estimate the total financial impact (costs, lost income, etc.) in dollars or other currency (state the currency).</p>                                                                                                                                                                   |                         |
| <p>54. Have your EMF-related problems affected your living situation?</p> <p>No changes <span style="float: right;">Profoundly affected</span></p>  <p>0 1 2 3 4 5 6 7 8 9 10</p>                                                                   | <p>Please describe.</p> |
| <p>55. Have your EMF-related problems affected your recreation?</p> <p>No changes <span style="float: right;">Profoundly affected</span></p>  <p>0 1 2 3 4 5 6 7 8 9 10</p>                                                                         | <p>Please describe.</p> |

|                                                                                                                                                                                                                                |                         |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|
| <p>56. Have your EMF-related problems affected you emotionally?</p> <p>No changes <span style="float: right;">Profoundly affected</span></p> <p>0 1 2 3 4 5 6 7 8 9 10</p>                                                     | <p>Please describe.</p> |
| <p>57. Have you had to decline or forego important events or invitations as a result of your EMF-related problems?</p> <p>None <span style="float: right;">A very great many</span></p> <p>0 1 2 3 4 5 6 7 8 9 10</p>          | <p>Please describe.</p> |
| <p>58. Have you ever been denied a job, lost a job, declined a job, or modified a job choice based on your EMF sensitivity?</p> <p>None <span style="float: right;">A very great many</span></p> <p>0 1 2 3 4 5 6 7 8 9 10</p> | <p>Please describe.</p> |
| <p>59. Have your EMF-related problems affected you in other ways?</p> <p>No changes <span style="float: right;">Profoundly affected</span></p> <p>0 1 2 3 4 5 6 7 8 9 10</p>                                                   | <p>Please describe.</p> |

For the following questions, you will be asked questions regarding symptoms you may or may not have experienced related to EMF. Please check column "No" or "Yes" to indicate whether you have experienced a symptom. IF symptoms vary by exposure type, specify for each which exposures you are aware have triggered this.

| SYMPTOMS:       | NO | YES | Exposure & Comments |
|-----------------|----|-----|---------------------|
| 1. Chest pain   |    |     |                     |
| 2. Attention    |    |     |                     |
| 3. Memory       |    |     |                     |
| 4. Confusion    |    |     |                     |
| 5. Ear pain     |    |     |                     |
| 6. Tinnitus     |    |     |                     |
| 7. Hearing loss |    |     |                     |
| 8. Eye/vision   |    |     |                     |
| 9. GI symptoms  |    |     |                     |

| SYMPTOMS:                     | NO | YES | Exposure & Comments |
|-------------------------------|----|-----|---------------------|
| 10. Headache                  |    |     |                     |
| 11. Lightheadedness           |    |     |                     |
| 12. Sweats                    |    |     |                     |
| 13. "Internal pressure"       |    |     |                     |
| 14. Heart rhythm disturbance  |    |     |                     |
| 15. Irritability-short temper |    |     |                     |
| 16. Joint pain                |    |     |                     |
| 17. Numbness or tingling      |    |     |                     |
| 18. Mood changes              |    |     |                     |

| SYMPTOMS:                   | NO | YES | Exposure & Comments |
|-----------------------------|----|-----|---------------------|
| 19. Muscle pain             |    |     |                     |
| 20. Shortness of breath     |    |     |                     |
| 21. Sleep                   |    |     |                     |
| 22. Tendon or ligament pain |    |     |                     |
| 23. Other (specify)         |    |     |                     |
| 24. Other (specify)         |    |     |                     |
| 25. Other (specify)         |    |     |                     |

What symptom or symptoms are most problematic for you?

Are there questions we should be asking that we have missed?

If there are aspects you experience that aren't captured, please feel free to share here.

Can we contact you if additional questions arise, or for clarification?

|                               |                                |
|-------------------------------|--------------------------------|
| 0 <input type="checkbox"/> NO | 1 <input type="checkbox"/> YES |
|-------------------------------|--------------------------------|

Do you want to be informed of future studies related to EMF sensitivity?

|                               |                                |
|-------------------------------|--------------------------------|
| 0 <input type="checkbox"/> NO | 1 <input type="checkbox"/> YES |
|-------------------------------|--------------------------------|

We specifically hope to examine biological markers of risk for EMF sensitivity, and biological mechanisms of EMF sensitivity. Do you want to be informed about this study, when it occurs? (There would be no obligation to participate.)

|                               |                                |
|-------------------------------|--------------------------------|
| 0 <input type="checkbox"/> NO | 1 <input type="checkbox"/> YES |
|-------------------------------|--------------------------------|

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**Thank you so much for sharing your experience!**